

Sometimes I need to go to the doctors surgery.

The doctor helps keep me safe and healthy.

I am going to the doctor to have my bloods taken.

I will have to wait in the reception area with other people





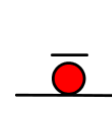
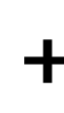


until it is my turn to go to the doctors room.









The doctor will put a small needle in me. It will

feel like a small scratch.








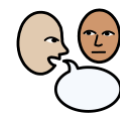



The doctor will need to be close to me to take my blood,


but it will only be for a short time.









 I  need  to  sit  still  +  and be  brave.




 I can  look at  my  favourite  picture  when  I  have  my  bloods





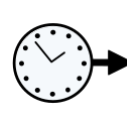


 taken.





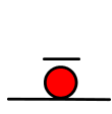





 If  I  am  feeling upset  or  anxious  I can  talk to  the  grown up  I

 am with.

 When  it is  finished  I can  leave  the  doctors surgery  and  do

 something  I  like.

 The  grown up  I  am with  will  be so  proud.

 It is  good  to  sit  still  and  be calm  in  the  doctors surgery.