














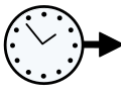

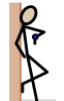








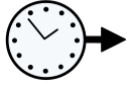

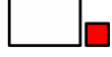
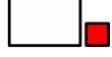



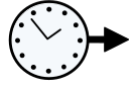
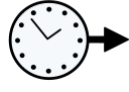
 Sometimes  I  need  to go  to the  doctors surgery.






 The  doctor  helps  keep  me  safe  and  healthy.



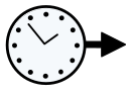








 I  am going  to the  doctor  to  have  an  injection.



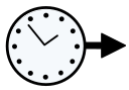




 I  will  have to  wait  in  the  reception  area  with other  people





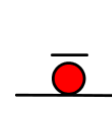
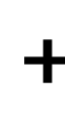


 until  it is  my turn  to go  to the  doctors  room.


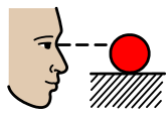








 The  doctor  will  put  a  small  needle  in  me.  It  will








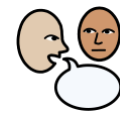




 feel  like  a  small  scratch.

 The  doctor  will  need  to be  close to  me  to  give  me  an

 injection,  but it  will  only  be  for a  short time.




 I  need  to  sit  still  +  and be  brave.




 I can  look at  my  favourite  picture  when  I  have  my  injection.






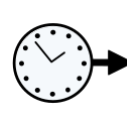


 If  I  am  feeling upset  or  anxious  I can  talk to  the  grown  up  I





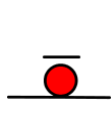


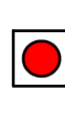




am with.

 When  it is  finished  I can  leave  the  doctors surgery  and  do

 something  I  like.

 The  grown  up  I  am with  will  be so  proud.

 It is  good  to  sit  still  +  be calm  in  the  doctors surgery.